# The Truest Things About Me

The truest things about me are what God says about me - not what others say or what I say about myself.

"What about me? Have I been faithful? Well, it matters very little what you or anyone else thinks. I don't even trust my own judgment on this point. My conscience is clear, but that isn't what matters. It is the Lord himself who will examine me and decide." (1 Corinthians 4:3-4)

In Christ I am a *child of God* – born of God (John 1: 12-13).

In Christ I am being saved by His life (Romans 5:10).

In Christ I am free from condemnation (Romans 8:1).

In Christ I am an heir of God, joint heir with Christ (Romans 8:17).

In Christ I am a saint (Romans 8:27).

In Christ I am *accepted* (Romans 15:7).

In Christ I am a possessor of the mind of Christ (1 Corinthians 2:16).

In Christ I am a new creature (2 Corinthians 5:17).

In Christ I am the righteousness of God (2 Corinthians 5:21).

In Christ I am blessed with every spiritual blessing (Ephesians 1:13).

In Christ I am adopted as God's child (Ephesians 1:5).

In Christ I am God's workmanship created for good works (Ephesians 2:10).

In Christ I am a member of God's household (Ephesians 2:19).

In Christ I am a citizen of heaven (Philippians 3:20).

In Christ I am holy and blameless and beyond reproach (Colossians 1:22).

In Christ I am complete [perfect] (Colossians 2:10).

In Christ I am alive and forgiven of all my transgressions (Colossians 2:13).

In Christ I am a member of a royal priesthood (1 Peter 2:9).

In Christ I am a partaker of God's divine nature (2 Peter 1:4).

In Christ I am given eternal life today (1 John 5:11-13).

In Christ I am released of my sins (Revelations 1:5).

### RENEWING my mind brings about TRANSFORMATION.

"And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what the will of God is, that which is good and acceptable and perfect." (Romans 12:2)

#### How to Renew Your Mind to the Truth

- 1. Read a verse listed above and the verses before and after it to understand its context better.
- 2. Report to God that you believe (adhere to, trust in, rely on) that what He says about you is true.
- 3. Respond to God in prayer by thanking Him for what He says about you. "Father, I believe You when Your Word says I am a saint. I may not feel like one, but that's what You call me, so I choose to believe it. Thank You!" 1 Thessalonians 5:18
- 4. Think about what this verse teaches you about God and praise Him for who He is!
- 5. Reject your old view of yourself. Stop calling yourself names like: failure, dummy, stupid, idiot and loser. Also choose not to think of yourself as a: sinner, alcoholic, lazy, control freak, people pleaser, homosexual, or liar. 1 Corinthians 6:9-11
- **6.** Rejoice that your mind is being renewed each time you choose the truth.
- **7.** Receive direction for today as a result of this verse, "Lord, I see what You have done and who You are, now what do You want me to do regarding this truth?"

## The Christian's Identity

**Purpose:** To show how what God says can be used to renew our minds.

### **EXPLANATION**

- Following the instructions in the "How to Renew Your Mind to the Truth" box provides a practical way to receive God's truth and apply it to daily life.
- The Scriptures listed on the diagram are identity statements about who God says we are, in spite of what you might be feeling or what others may say about you.
- This can be a wonderful homework sheet.
- Work through one verse a day.
- Our identity in Christ is based on birth not behavior.

#### NOTE:

You have permission to copy this diagram for someone else.

- ? Are these verses literally true of you?
- Can you pick a verse and go through the seven steps now?

Write out what God shows you.

- Can you **choose** to believe what God says is true about you even if you don't feel it or haven't experienced it yet?
- What keeps you from believing these truths?
- Would you now, in prayer, like to receive His acceptance of you?

You are loved, accepted, holy, blameless, and a saint. Praise God! **Ephesians 1:4-8**